

## DANCE

If you wish to enter a class not listed, please contact the [Discipline Representative](#) for guidance

REGISTER ONLINE AT [KFPA.CA](http://KFPA.CA)

**NOTE: Changes made to the 2018 [Provincial Festival Syllabus](#). Read carefully before registering.**

### DANCE FEES

SOLO AND GROUP CLASSES		
CLASS	LEVEL	FEE
SOLOS	All	\$16
OWN CHOREOGRAPHY	All	\$16
TECHNIQUE CLASS	All	\$14
DUETS	All	\$20
TRIOS	All	\$25
GROUPS	All	\$9 per person – No Max

- Out of respect to all our participants, teachers, volunteers, and stage crew with allergies, it is requested that **NO AEROSOL PRODUCTS** (including hair spray, static guard, glitter, etc.) be used by anyone in any of the indoor rooms or indoor areas of Sagebrush Theatre. If the use of these products is required, please step outside, away from the doors, to use them.  
Thank you.

### DANCE RULES

1. No substitutions permitted in solos. **One (1)** substitution will be permitted in group numbers. For more than one (1) substitution, approval of the Board is required.
2. No person except the Hall Supervisor and Theatre personnel will be permitted on the platform or backstage with the participant during performances. **EXCEPTION:** Teachers/assistants may be backstage with participants aged 10 YEARS and UNDER. Participants **MUST** not receive assistance at the time of performance in any class.
3. All tap shoes **MUST** be removed before and after competing.
4. Participants are forbidden from walking around or practising in the stage/backstage areas during the sessions. Any participants using the stage (walking on the stage, marking out a dance, etc.) before or after a session **DURING THE FESTIVAL** will be disqualified.
5. Centre stage will be marked.
6. Music for dances **MUST** be submitted **ELECTRONICALLY IN MP3 FORMAT FOR THE 2018 FESTIVAL**. Participants are responsible for ensuring that copies of recorded music comply with all copyright restrictions that apply to the source material. Please submit music before **FEBRUARY 15** as an MP3 attachment to an email. Please submit the music for each dance as a separate email. You **MUST** still bring **BACKUP CDs** to the Festival. Check [kfpa.ca](http://kfpa.ca) after **NOVEMBER 1** for complete details.
7. **RECORDING A PERFORMANCE OR ADJUDICATION WITHOUT WRITTEN CONSENT FROM THE CHOREOGRAPHER AND/OR ADJUDICATOR WILL RESULT IN DISQUALIFICATION ENTIRELY FROM THE CURRENT FESTIVAL.**

## KFPA 2018 SYLLABUS

8. All participants for a class **MUST** be **BACKSTAGE or IN WARM-UP ROOM or ASSIGNED DRESSING ROOM** fifteen (15) minutes prior to their class, and remain there until it is their turn to dance. Failure to comply with this time limit will result in the participant being disqualified and not permitted to perform in that class. This includes being disqualified from performing as Non-Competitive as well.
9. No participants are to be in the Theatre auditorium **IN COSTUME**, visible to the Adjudicator, prior to Performance.
10. KFPA follows the rules for sets and props as set out in the Provincial Syllabus for Dance classes. Check the Provincial Syllabus at [bcprovincials.com](http://bcprovincials.com). Sets and props are optional and are the sole responsibility of the participant. Quick set-up is essential. Only Festival volunteers may assist in the setting-up or removal of these items, which **MUST** be **light in weight and easily handled**.
11. A **NOVICE PARTICIPANT** is one who has had **NO** dance lessons in the competing category of dance (i.e. JAZZ, TAP, BALLET, etc.) before the **SEPTEMBER** immediately preceding the Festival. In Novice Groups, **ALL** members **MUST** be Novice participants.
12. Although time limits are set for each dance category, it is not intended to imply that a dance **MUST** be the maximum time limit.
  - **NO SOLO, IN ANY CLASS, SHOULD EXCEED three (3) minutes** (as per Provincial rules) **EXCEPT** the SONG AND DANCE category, which may be four (4) minutes in length.
  - **DUET and TRIOS MUST** not exceed 5 (five) minutes.
  - **GROUPS MUST** not exceed ten (10) minutes.
13. Groups to be identified only by **SELECTION TITLE**, not by **DANCE STUDIO** or city. All Group entries **MUST** be entered with a **SELECTION TITLE** on the entry form. The selection title may be changed prior to **JANUARY 1** by contacting the Discipline Representative to make the change. If no title submitted, the initials of the participants will be used in the program.
14. Material should be appropriately chosen and edited, if necessary, for the participants and a general audience. **MATERIAL THAT CONTAINS OBSCENE, VIOLENT, SUGGESTIVE OR SEXUALLY EXPLICIT LANGUAGE WILL NOT BE ACCEPTED AND MAY RESULT IN DISQUALIFICATION.**
15. ACRO, LYRICAL BALLET, OWN CHOREOGRAPHY, FOLK/ETHNIC, NATIONAL and ADDITIONAL REPERTOIRE are **NOT** accepted for Provincial recommendation.

**NOTE:** Also see **General Rules**.

### DANCE CLASSES

SOLO AND GROUP CLASSES	
CLASS NAME	AGES AND LEVELS
<b>SOLO</b>	<ul style="list-style-type: none"> <li>• 6 YEARS and UNDER.</li> <li>• 8 YEARS and UNDER.</li> <li>• 10 YEARS and UNDER.</li> <li>• JUNIOR LEVEL – 12 YEARS and UNDER. *Only participants 10, 11 or 12 years of age will be considered for Provincial recommendation.</li> <li>• INTERMEDIATE LEVEL – 13 to 15 YEARS.</li> <li>• SENIOR LEVEL – 16 YEARS and OVER.</li> </ul>

## KFPA 2018 SYLLABUS

<b>SOLO AND GROUP CLASSES</b>	
<b>GROUP</b>	<p>One (1) selection.</p> <ul style="list-style-type: none"> <li>6 YEARS and UNDER.</li> <li>8 YEARS and UNDER.</li> <li>10 YEARS and UNDER.</li> <li>12 YEARS and UNDER.</li> <li>14 YEARS and UNDER.</li> <li>16 YEARS and UNDER.</li> <li>17 YEARS and OVER.</li> </ul> <p><b>SMALL GROUP</b> – 4 to 7 Participants.  <b>MEDIUM GROUP</b> – 8 to 12 Participants.  <b>LARGE GROUP</b> – 13 Participants and Over.</p>

### DEFINITIONS OF DANCE CATEGORIES

<b>BALLET</b>	
Lyrics <b>NOT</b> permitted in the BALLET category. <b>EXCEPTIONS:</b> LYRICAL and ADDITIONAL REPERTOIRE. See below.	
CLASS NAME	DESCRIPTION
<b>ADDITIONAL REPERTOIRE</b>	Using any and all balletic movements. This category allows for an additional performance in the BALLET category that may be a repeat of another entry class. Music may contain words. No lip-syncing permitted. <b>THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION.</b>
<b>CHARACTER</b>	<b>MUST</b> portray a specific character (real or fictitious) with the whole body for the duration of the entire solo, but not tell a story. Ballet technique with stylized movement. One (1) hand-held prop may be used if integral to the dance. Music with <b>NO WORDS</b> . No lip-syncing permitted.
<b>CONTEMPORARY</b>	Incorporates classical ballet techniques with greater range of movements which may not adhere to strict body lines for classical ballet. This style includes non-traditional movements, such as more relaxed steps, floor work, and turned in legs, etc., to portray the concept of being more innovative, free and earth bound. The physical interpretation of the theme that the choreographer envisioned allows for more expressive emotions and feelings. One (1) hand-held prop may be used if integral to the dance. Music with <b>NO WORDS</b> . No lip-syncing permitted.
<b>DEMI-CHARACTER</b>	Ballet technique from the waist-down and characterization from the waist-up. En Pointe or Demi-Pointe. The participant portrays a story/idea/concept or impression. One (1) hand-held prop may be used if integral to the dance. Music with <b>NO WORDS</b> . No lip-syncing permitted.
<b>DEMI-POINTE CLASSICAL</b>	Dance based on any method of classical ballet technique (e.g. Cecchetti, RAD, Vaganova, etc.). Soft shoes and one (1) hand-held prop may be used if integral to the dance. Music with <b>NO WORDS</b> . No lip-syncing permitted.

## KFPA 2018 SYLLABUS

<b>BALLET</b>	
<b>ETHNIC/FOLK</b>	Dances from different peoples based on customs, languages, and cultures of that specific group of people's ancestry. Different from National Dance in that <i>National</i> refers to citizenship of a specific state, not necessarily the customs of one (1) ethnic group in a nation. Music may contain words. No lip-syncing permitted. <b>THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION.</b>
<b>INTERPRETIVE</b>	Participants <b>MUST</b> use ballet technique incorporating the body as the medium of expression and interpretation of the music in order to portray an intangible thought or mood, real or imagined. This category should express an idea but not tell a story. Ballet shoes (soft shoe or Pointe) <b>MUST</b> be worn. No props permitted. Music with <b>NO WORDS</b> . No lip-syncing permitted.
<b>LYRICAL</b>	Continual, gentle flowing technical ballet movements. Music may contain words. No lip-syncing permitted. <b>THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION.</b>
<b>NATIONAL OR CHARACTER NATIONAL</b>	*Not including Folk Dancing or Highland Dancing* Participant required to select one (1) country only, and portray, by costume and dance, the traditional dance style of that country. Music with <b>NO WORDS</b> . No lip-syncing permitted. See Ethnic/Folk Dance for clarification. <b>THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION.</b>
<b>NEO-CLASSICAL</b>	Dance based on any method of classical ballet technique in the style of the 20th and 21st centuries. Original choreography should be musically driven without plot, narrative, or mime. Participant's movements should be the main artistic medium. One (1) hand-held prop may be used if integral to the dance. Music with <b>NO WORDS</b> . No lip-syncing permitted.
<b>POINTE CLASSICAL</b>	Dance based on any method of classical ballet technique. Pointe shoes, one (1) hand-held prop may be used if integral to the dance. Music with <b>NO WORDS</b> . No lip-syncing permitted.

<b>MODERN DANCE</b>	
Lyrics and/or vocals permitted in the music in the MODERN category. Ballet shoes (soft or Pointe) and Jazz shoes (full or half-sole) <b>NOT</b> permitted in the MODERN DANCE Category.	
CLASS NAME	DESCRIPTION
<b>ADDITIONAL REPERTOIRE</b>	Using any and all modern/contemporary dance movements. This category allows for an additional performance in the Modern category that may be a repeat of another entry class. Music may contain words. No lip-syncing permitted. <b>THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION.</b>
<b>CONTEMPORARY</b>	Free movement of dance encompassing various dance disciplines with modern technique as its underlying base, such as the choreography of William Forsythe, Wayne McGregor, Akram Khan, Ohnad Narin (Gaga), Hofesch Shechter (Release Technique), etc.; a constantly evolving style of movement that explores and gives physicality to human ideologies, behaviours and emotions, with emphasis on engaging the whole body. No lip-syncing permitted.

**KFPA 2018 SYLLABUS**

<b>MODERN DANCE</b>	
<b>INTERPRETIVE CONTEMPORARY</b>	Dance that uses contemporary movement vocabulary from stylized to pedestrian (with modern techniques as its basis) to tell a story, express a feeling, and interpret a character, behaviours or emotional state, e.g. Pina Bausch (Tanztheatre Wuppertal). Movement should be related to the intent of the music while the choreography <b>MUST</b> engage the whole body. No lip-syncing permitted.
<b>INTERPRETIVE MODERN</b>	Dance that uses a recognized/codified modern technique to tell a story, express a feeling, interpret a character, behaviours or emotional state. Movement should be related to the intent of the music. No lip-syncing permitted.
<b>MODERN*</b>	A stylized dance form with its foundations on a technically based discipline such as Graham, Limon, Cunningham, Humphrey and Horton, etc. Dance that rejects the limitations of Classical Ballet. Modern Dance was formulated from natural rhythms, and favours movement derived from the expression of inner feeling, contraction and release, suspension, fall and recovery, and dynamism. Movement may or may not be related to the music. No lip-syncing permitted. *PARTICIPANTS <b>MUST</b> ENTER THIS CATEGORY TO QUALIFY FOR PROVINCIAL RECOMMENDATION.

<b>STAGE DANCE</b>	
Lyrics permitted in all STAGE DANCE categories. Lip-syncing not permitted except in VARIETY and ADDITIONAL REPERTOIRE categories. In all forms of STAGE DANCE (except ACRO) there shall be <b>NO MORE</b> than <b>three (3)</b> acrobatic elements in the number.	
CLASS NAME	DESCRIPTION
<b>ACRO</b>	A style of dance that combines classical dance techniques with precision acrobatic elements. Number <b>MUST</b> include at least <b>four (4)</b> acrobatic elements, but <b>NOT</b> exceed 50 percent of the entire routine. Its unique choreography seamlessly blends dance and acrobatics. No lip-syncing permitted. <b>THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION.</b>
<b>ADDITIONAL REPERTOIRE</b>	A combination of any and all dance techniques, live voices, words, and sound effects permitted on stage. This category allows for an additional performance in the STAGE category that may be a repeat of another entry class. Lip-syncing permitted. <b>THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION.</b>
<b>JAZZ</b>	Dance technique based on isolation and contraction/release. Upbeat tempo. Music may contain words. Discretion required for suitability and to prevent disqualification. See General Rule 21 and Dance Rule 14. No lip-syncing permitted.
<b>LYRICAL JAZZ</b>	Technical movements blending and linking to slower-paced music interprets the intent of that piece of music. This category <b>MUST</b> use soft jazz technique and style utilizing facial and body emotions to portray an idea, story, mood or feeling. Music may contain words. Discretion required for suitability and to prevent disqualification. See General Rules 21 and Dance Rule 14. No lip-syncing permitted. <ul style="list-style-type: none"> <li>• A solo entry in LYRICAL JAZZ is <b>NO LONGER</b> an acceptable entry for Provincial Recommendation in MODERN DANCE.</li> <li>• Stage participants qualifying to attend Provincials with either a JAZZ or LYRICAL JAZZ solo <b>MUST</b> choose second solo from one (1) of: TAP, SONG AND DANCE, STAGE DANCE, STREET DANCE or VARIETY. Second solo may <b>NOT</b> be another JAZZ solo.</li> </ul>

**KFPA 2018 SYLLABUS**

<b>STAGE DANCE</b>	
<b>MODERN STAGE PRODUCTION</b>	Is for very large groups. A combination of all ages and dance techniques. Vocals, lip-syncing, and words on tape permitted. <b>THIS ENTRY DOES NOT QUALIFY FOR PROVINCIAL RECOMMENDATION.</b>
<b>SONG AND DANCE (WITH OWN VOICE)</b>	A routine suited to a stage production. SONG AND DANCE solos may be four (4) minutes in length. Equal effort in dancing, live singing, and acting will be an integral part of the overall performance. No recorded vocals. <b>MUST</b> be 50 percent dance (using any dance medium) and 50 percent voice. <b>NO</b> microphones or lip-syncing permitted.
<b>STREET DANCE*</b>	<p>A constantly evolving form of dance that relies on individualism and personal style and emphasizes the expressive power of movement. Should include, but not be limited to, choreography that incorporates a blend of contemporary funk and street style with jazz techniques. May include moves such as gliding, popping, locking, waving and utilize house, old school and new school. May also include gymnastics/power moves or any series of tricks or stunts as long as <b>MUSIC, COSTUMES AND LYRICS ARE AGE AND AUDIENCE APPROPRIATE.</b> Music may contain words. Discretion is required for suitability and to prevent being disqualified. See General Rule 21 and Dance Rule 14. No lip-syncing permitted.</p> <p>*FOR PARTICIPANTS in INTERMEDIATE (Level II) and SENIOR (Level III) only. For Provincials, may only be used as a <b>second solo</b> for Provincial performance. Participants <b>MUST</b> have qualified in one (1) of the other stage dance areas and perform that number first.</p> <p>For Dance participants 10 YEARS and OVER. *Only those participants 13 YEARS and OVER permitted to use this selection as their <b>SECOND</b> dance if recommended to Provincials.</p>
<b>VARIETY</b>	Adapted from film or musical theatre productions. Dance suitable for a stage or musical production, cabaret, a revue, live theatre, etc. Content <b>MUST</b> be predominately dance. Choreography should have a character base to it without straight line work. <b>MUST</b> be composed of a diversified vocabulary of steps and may utilize any dance genre. Music may contain words. Discretion is required for suitability and to prevent being disqualified. See General Rule 21 and Dance Rule 14. Lip-syncing permitted.
<b>TAP</b>	Arms are complementary and coordinated to the footwork. The rhythm of percussion is articulated through the feet and the entire body. The emphasis is on the clarity and shading of sounds, whether they are regular rhythm or syncopated. <b>NO</b> dubbing of tap sounds permitted in accompaniment. Music may contain words. Discretion is required for suitability and to prevent being disqualified. See General Rule 21 and Dance Rule 14. No lip-syncing permitted.

### OWN CHOREOGRAPHY

1. Participant performs own choreography of dance, choosing own music and theme suitable for entry into each category and following definitions of dance.
2. Participant **MUST SUBMIT** Choreography Notes detailing steps, counts, direction of travel on floor plan, and theme of dance, before **FEBRUARY 15**.

MAIL TO: **KAMLOOPS FESTIVAL OF THE PERFORMING ARTS,  
BOX 162,  
KAMLOOPS, BC V2C 5K6  
ATTENTION: DANCE REPRESENTATIVE**

#### **NOTES WILL ACCOUNT FOR 25 PERCENT OF THE TOTAL MARK**

- a. Notes should contain the following:
  - i. Use of correct dance terminology.
  - ii. Musical count with corresponding step count.
  - iii. Stage directions for step counts.
  - iv. Head and hand movements with step counts.
  - v. Stick drawings showing steps with start, directional arrows, and finish spot and pose.
  - vi. A preamble that includes:
    1. Thoughts regarding choice of music.
    2. What the music brought out in the choreographer.
    3. Possible costume ideas to add to the music (use drawings or fabric scraps for this if desired).
    4. Theme of dance/music.
  - vii. Be sure to include choreographer's name, date, and name of dance on the first page. Please advise participant that choreography notes are copyrightable.
  - viii. **KEEP A PHOTOCOPY OF ALL NOTES** and a duplicate receipt of mail delivery, in the case there is a question or document misplaced or lost in the mail. Participants **MUST** present notes prior to performing.
  - ix. Notes may be emailed to the Festival office at [kfpa@telus.net](mailto:kfpa@telus.net).
3. Participants in Choreography are **NOT** permitted to wear costumes.
  - a. Practice clothes **ARE REQUIRED** as follows:

Leotard or tight fitting top, jazz pants, shorts or unitard in dark solid colour; hair tied back, footwear appropriate to the dance style.

**BALLET** – Solid, dark colour leotard and pink tights. RAD exam skirt optional.
4. **PROPS** permitted if **USED** during the dance.
5. **NO SPECIAL STAGE MAKEUP, ADORNMENTS, OR EXTRAS PERMITTED.**
6. THIS ENTRY DOES **NOT** QUALIFY FOR PROVINCIAL RECOMMENDATION.
7. Category begins at 10 YEARS and OVER.

### TECHNIQUE CLASS

A minimum twenty (20) minute adjudicated session under the direction of the Adjudicator or his/her designate. This is a class that allows the Adjudicator to view the participant in an unprepared performance, showing the participants' knowledge of vocabulary and performance of dance steps.

**TO PREPARE FOR PROVINCIAL RECOMMENDATION, TECHNIQUE CLASSES ARE REQUIRED.**

- **BALLET TECHNIQUE CLASS** — For dance participants 10 YEARS and OVER  
**GIRLS:** Pink tights; solid colour leotard; hair in bun; ballet slippers. RAD exam skirt optional.  
**BOYS:** Light-coloured shirt; dark tights; ballet slippers.
- **JAZZ TECHNIQUE CLASS** — For dance participants 10 YEARS and OVER  
Leotard or tight-fitting top; jazz pants, shorts, or unitard in dark, solid colour; hair tied back; jazz footwear.
- **TAP TECHNIQUE CLASS** — For dance participants 10 YEARS and OVER  
Leotard or tight-fitting top; jazz pants, shorts or unitard in dark, solid colour; hair tied back; tap shoes.
- **MODERN TECHNIQUE CLASS** — For dance participants 10 YEARS and OVER  
Leotard or tight-fitting top; jazz pants or unitard in dark, solid colour; hair tied back; jazz thongs or socks, or no footwear.

### **DANCE SCHOLARSHIPS AND PROVINCIAL RECOMMENDATIONS (SAME REQUIREMENTS)**

- Duets, Trios and Own Choreography **DO NOT QUALIFY FOR SCHOLARSHIPS.**
- Solo entries in the STREET DANCE, LYRICAL BALLET, ACRO, ADDITIONAL REPERTOIRE, or OWN CHOREOGRAPHY categories **DO NOT QUALIFY FOR PROVINCIAL RECOMMENDATION.**
- \*\*Participant **MUST** have performed at least **two (2) solos** at the local Festival, **BOTH SOLOS WITHIN THE SAME DISCIPLINE OF BALLET, MODERN, or STAGE.**
- See General Rules 45 through 56, 58 through 62, and Appendices 3 and 4.
- The first solo performed at Provincials **MUST** be the qualifying solo from the local Festival.
- To be considered for scholarships and Provincial recommendation **PARTICIPANTS MUST ENTER:**

#### **BALLET**

- Two (2) contrasting solos from CLASSICAL BALLET (Pointe or Demi-Pointe), CHARACTER, DEMI-CHARACTER, or INTERPRETIVE BALLET, with a mark of **AT LEAST 85** in two (2) solo classes.
- BALLET Technique class, with mark of **AT LEAST 85.**

#### **MODERN**

- One (1) MODERN DANCE solo, with a mark of **AT LEAST 85.**
- A second *contrasting* solo from INTERPRETIVE MODERN, CONTEMPORARY DANCE, or INTERPRETIVE CONTEMPORARY category, with a mark of **AT LEAST 85.**
- MODERN DANCE Technique class, with a mark of **AT LEAST 85.**

#### **STAGE**

- Two (2) contrasting solos, in any combination, from TAP, JAZZ, LYRICAL JAZZ, SONG AND DANCE, or VARIETY, with a mark of **AT LEAST 85** in two (2) solo classes.
- Stage participants qualifying with either a TRADITIONAL JAZZ or LYRICAL JAZZ solo **MUST** choose their second solo from one (1) of the following categories: TAP, SONG AND DANCE, VARIETY, or STREET DANCE. The second solo may **NOT** be another JAZZ solo.
- TAP and/or JAZZ Technique class, with a mark of **AT LEAST 85.** \*It is suggested that any participant interested in Provincial recommendations take both TAP and JAZZ Technique classes.